What's On @ The Family Place

www.facebook.com/thefamilyplacelogan



Children need the freedom &

time to play. Play is not a

luxury. Play is a necessity.



Term 2: 4th May- 9th July 2021 Monday to Thursday 9am to 4pm

Monday

PLAYCommunity 10-12pm

Even better than Wednesday's playgroup! Messy Monday's are here! Join us for ooey, gooey messy fun. Please bring a spare change of clothes & a towel.

Just turn up!



***Wellbeing Sessions**

Designed to support people in managing their stress and anxiety whilst building self-confidence and coping skills. Support for grief, loss and trauma Support for caring for someone with a mental health concern

> Chat with us to get a referral or call 3717 7006

Drop-in Child Health Clinic 10am-12noon WEDNESDAYS

Come and get baby weighed! Free and friendly health services for babies and children. Bring along your questions and your red book.

Tuesday

Baby's Day Out 9:30-11:30am

Meet up with other families with bubs to learn some Infant Massage techniques and explore movement, music and sensory play together with Kym.

Just turn up!

Free Counselling

The Family Place is an approved WMQ Psychological Therapies Program provider. You and your children can speak to a friendly professional about topics like anxiety and depression, relationships, bullying, child behaviour and more. Chat with us to get a referral or call 3208 1263.

***NDIS Providers *** Skills To Grow have joined The Family Place team every Thursday!

Kirstin- Occupational Therapist & Kali- Speech Pathologist. If you have self or plan managed NDIS, Please contact them

> 0450 558 968 or info@skillstogrow.com.au

Wednesday

PLAYCommunity* 10-12pm

Even better than Monday's playgroup! Fun activities, free play and a healthy morning tea for families. Regular visits from Child Health Nurses, Oral Health and more. The best place in the city to make awesome friends!

Just turn up!

***Art Program** 9:30am-11:30am

6 week group program Overcome adversity and build self-identity through imagery and creativity. Learn to modify thoughts and develop strategies to use when stressed or anxious.

Start date to be advised Chat with us to book in on 3208 1263

*** Circle of Security*** 12:30pm-2pm

Circle of Security is about child development, specifically attachment and social and emotional learning. The cornerstones of successful children.

> Starts 12th May Spaces limited Contact Michelle on 3208 1263

Thursday

FREE Speech & Occupational Therapy Screeners

Screeners can detect early delays or difficulties across different development areas. If you are concerned about your child's development, please contact the ladies from Skills To Grow on

info@skillstogrow.com.au

***Bump *** Thursday 9:30-11:30am

One on one mentoring for young mums under 25. Fun activities and aspirational support for building the best life you want.

Please speak with Michelle or Kym on 3208 1263

> ***Family Time*** 3-4:30pm

Bring the kids straight from school to catch up, have some fun and fend of screen time for a little longer.

Just turn up!

Play On

Dads Group 10-12pm **EVERY SATURDAY**

Just for kids and their dads. Join Glenn for activities, projects and running amok in the backvard.

Get updates from the Dads of Logan Facebook group @ tinyurl.com/yxkemhzq



Come and play in the garden Monday to Thursday 9:00-4:00pm

Every Thursday morning (9:30am-12:30pm) The Family Place building & verandah will be closed for a program. You are still welcome to come and play in the garden!

Dads in Distress 6-8pm

A group for dads dealing with custody and relationship issues, looking for information and support or just a chat.

Just turn up or call Glenn on 3208 1263.

Like us on Facebook to be updated about our free events, upcoming parenting programs, funny chicken memes and more...

www.facebook.com /thefamilyplacelogan

Ph: 3208 1263

Open to all families!

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